

Working at Heights for Construction Training

REFRESHER

Duration: ½ Day

Style: In Class Training & Practical Assessment

Intended For: All those working at heights in construction



Topics Discussed:

- Barriers, guardrails, safety nets
- PPE
- Fall Distance Calculation
- Anchor Pints
- Work positioning systems, work access equipment, platforms
- Rescue planning
- Harness & lanyard inspection
- Hands On Practical evaluation

Trainees must:

- Have their own harness
- Bring MOL provided Certificate

MOL Approved Training Provider

MINISTRY OF **LABOUR**

